

**For Further Information Contact:  
Jennifer Poppy  
South Brunswick Township  
Public Affairs  
732-329-4000 x7275**

**Palma D'Angelo  
Vice Chairperson, South Brunswick Advisory Board of Health  
South Brunswick Board of Health  
732-329-4000 x7233**

## **SOUTH BRUNSWICK OFFERS FREE CPR AWARENESS PROGRAM TO RESIDENTS**

SOUTH BRUNSWICK, NJ (OCTOBER 15). The Township of South Brunswick is proud to offer a **free CPR Awareness Program** to all residents aged 15 and older, thanks to a recent grant awarded to the Health Department. This program is designed to equip participants with the knowledge and confidence to respond effectively in life-or-death situations, potentially saving the life of a family member, friend, or community member.

The impact of the program was recently demonstrated when the Gubatina family put their training into action to save Ricardo Gubatina's life. On August 11, 2025, Ricardo experienced a sudden medical emergency at home. Thanks to the CPR Awareness Program, his wife, Reynita, immediately began CPR when she realized he was not breathing, and their son, Zachary, continued administering CPR until emergency responders arrived. With the addition of an AED by paramedics, Ricardo's life was saved.

"The CPR Awareness Program gave our family the confidence and knowledge to act quickly," said the Gubatinas. "We are grateful to the South Brunswick Health Department for offering this vital program—without it, the outcome could have been very different."

The program is a brief, 30-minute session designed to teach residents the key steps of CPR awareness—not a certification course—but it provides the essential skills to respond in an emergency.

Residents and organizations interested in scheduling a **free CPR Awareness Program** can contact the South Brunswick Health Department to set up a class. Just 30 minutes could make the difference in saving a life.

**To schedule a class, call: 732-329-4000 x7233**

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